

Ambitious Adventurer Retreat

Vancouver, BC 2024

Our Ambitious Adventurer Retreat is all about you - activating your potential through physical challenges and personal development experiences.

Join us in October 2024 for our Canada edition!

About British Columbia

British Columbia is a province located on the westernmost part of Canada, known for its stunning natural landscapes and rich cultural diversity, the perfect location for your overseas retreat experience.

The Physical Challenge

The Chief

Based in the suburb of North Vancouver, it provides the perfect location for our retreat activities among stunning scenery.

We'll build up to climbing the Stawamus Chief, an unmissable hike opportunity with the most incredible views across the north shore.

A true adventure to experience!

DAT Adventures



Retreat Dates

27th - 31st October 2024



What to Expect...

Arrival day kicks off with a welcome afternoon, meeting your fellow adventurers and running through the plan for the days ahead before tucking into our first night feast.

Day two experience a sunrise stretch session before taking on classic Canadian activities that combine fun and fitness.

You'll have a tailored coaching session during the retreat with dedicated goals and focus areas to reflect on.

Day three begins with a morning stretch and light jog/hike before experiencing more of the North Shore - an early night is on the cards ahead of the final day...

Day four is the big day and it's time to conquer The Chief!

Plenty of reflection and celebrations with a group dinner wraps up the evening before **heading home** - or to experience more of Canada on your trip! - feeling proud, impressed and motivated to continue towards your goals.

* All activities are subject to weather conditions and the itinerary can change at any time.



The Accommodation

You'll be staying at a luxury, spacious home in the West Vancouver suburb.

With stunning views and the space to relax, you'll be in the perfect spot to make the most of your retreat experience.



The Food

Combining healthy breakfasts and hearty meals, you'll start and end each day with plenty of fuel to make the most of your retreat, catering to your dietary requirements.



The People

The group is capped at 8 people to ensure everyone can have the best experience while creating connections throughout the adventure.

You can book solo or join with a friend!

Join us in Vancouver

Book Now!



Cost

£1850 per person
Or £3330 per couple

What's included?

- 4 nights' accommodation in a spacious, luxury abode in West Vancouver
- Two meals per day (breakfast and dinner)
- Experienced retreat guides available 24/7
- Personal coaching session with tailored action plan to work towards
- Pre-booking call and check in
- Follow up progress call to provide accountability for your personal and professional goals
- Access to the DAT community

*flights are not included

We can arrange to pick guests up from Vancouver airport on arrival day. We also have recommended itineraries should you wish to extend your trip in Canada before or after the retreat. Get in touch and we'll share our trip suggestions!



+44 (0)7521 173050



experienceDAT@gmail.com



@DAT_adventures

