

Ambitious Adventurer Retreat

Yorkshire 2024

Our Ambitious Adventurer Retreat is all about you - activating your potential through physical challenges and personal development experiences.

Join us in June 2024 for our Yorkshire edition!



About Yorkshire

Yorkshire is known for its stunning landscapes and natural beauty.

Home to some incredible peaks and hiking trails, it offers breathtaking views of the surrounding countryside.

The Physical Challenge

Yorkshire Three Peaks

Our 3-night UK retreat builds up to this unmissable day hiking the highest peaks in Yorkshire: Wherside, Ingleborough, and Pen-y-ghent.

The goal is to complete the hike within 12 hours, taking on varied terrain with uphill and downhill climbs along the way.

A true challenge and adventure to take on!

DAT Adventures



Retreat Dates

5th - 8th June 2024



What to Expect...

Arrival day kicks off with a welcome afternoon, meeting your fellow adventurers and running through the plan for the days ahead before tucking into our first night feast.

Day two experience a sunrise stretch session before venturing out for a ramble after breakfast and warming up the legs ready for the main event on day three.

You'll have a tailored coaching session during the retreat focused on your goals set prior to the retreat.

A hearty meal sets you up for **day three**, rising early to start the three peak challenge!

Plenty of reflection and celebrations with a group dinner wraps up the evening before **heading home** on the following morning, proud, impressed and motivated to continue towards your goals.

* All activities are subject to weather conditions and the itinerary can change at any time.



The Accommodation

You'll be staying at a luxury cottage in the heart of the Yorkshire dales and right in the middle of the three peak vicinity.

A peaceful, welcoming and homely environment, a perfect base for a retreat to remember.



The Food

Combining healthy breakfasts and hearty meals, you'll start and end each day with plenty of fuel to make the most of your retreat, catering to your dietary requirements.



The People

The group is capped at 8 people to ensure everyone can have the best experience while creating connections throughout the adventure.

You can book solo or join with a friend!

Join us in Yorkshire

Book Now!



Cost

£850 per person
Or £1530 per couple

What's included?

- 3 nights' accommodation in a spacious, luxury cottage
- Two meals per day (breakfast and dinner)
- Experienced retreat guides available 24/7
- Personal coaching session with tailored action plan to work towards
- Pre-booking information call and check in
- Follow up progress call to provide accountability for your personal and professional goals
- Access to the DAT community

*travel is not included

We can arrange to pick guests up from the nearest train station, which is Ribbleshead (4 hours from London Kings Cross)



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